



Marin Home Care

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Home Care Needs Assessment

Aging in place is something that is important to many seniors. However, it may not always be the safest option if they are alone. Choosing to move forward with home care can be a big decision. Marin Home Care has created a comprehensive needs assessment to see if you or someone you love needs some extra help to keep them safe and healthy.

Yes	No	Questions to Consider
		Can they get dressed and ready for the day without assistance?
		Are they able to drive safely and comfortably? Do you have concerns about their driving abilities?
		Can they grocery shop or buy necessary items, and are they able to safely transport the goods from the car to their home?
		Are they able to assess whether or not food is safe to eat? (ie: has it gone bad?)
		Do they choose healthy, nutritious foods?
		Following meals, are they able to clean up after themselves? Can they get food scraps into the trash and dishes washed?
		Are they able to keep up with their laundry and complete the task easily?
		When the phone rings, are they able to retrieve it and engage in conversation easily with the caller?
		Are they able to handle their finances and ensure bills are paid on time?
		Can they safely connect with friends or loved ones? (ex: activities, going out to eat, religious services)
		Do they complete activities on their own with little to no assistance? (ex: gardening, puzzles, arts & crafts etc.)
		Can they comfortably and safely care for their pets?
		Are they able to keep their primary living spaces clean and tidy? (living room, bedroom, bathroom)
		Are they comfortable attending their medical appointments and managing their health on their own?
		Do they require assistance during walking, showering or standing up so that they do not fall?

If you answered *No* to any of the above questions, it may be time to consider home care for yourself or your loved ones. Marin Home Care has a team of qualified, screened and talented caregivers who can provide support for all levels of care.

(Assessment continued on next page)

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please visit our website at www.marinhomecare.com or call (415) 712-1917

Yes	No	Questions to Consider
		Do they frequently forget where they put things?
		Are you often concerned about them being on their own?
		Do they experience confusion or forgetfulness when leaving their home for errands or appointments?
		Have you ever noticed they have forgotten to close the refrigerator, turn off running water or burners on the stove?
		Are they struggling to remember names of people close to them or events from days or weeks prior?

If you answered Yes to any of the above questions, you or your loved one may benefit from a caregiver that specializes in Memory Care. Marin Home Care's team of skilled caregivers have many years of experience in assisting clients with various levels of memory loss, including Alzheimer's and Dementia.

Yes	No	Questions to Consider
		Does your loved one require medical equipment that they are unable to manage on their own?
		Are they in need of weekly lab work or port flushes that they cannot manage without help or transportation support?
		Are they able to manage their medications without confusion or forgetting which medications should be taken and when?

If you answered Yes to any of the above questions, you or someone you know could benefit from Marin Home Care's Medical Staffing Support Services. Our highly skilled and experienced team of nurses provide the medical care needed to help our clients heal and thrive comfortably at home.

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